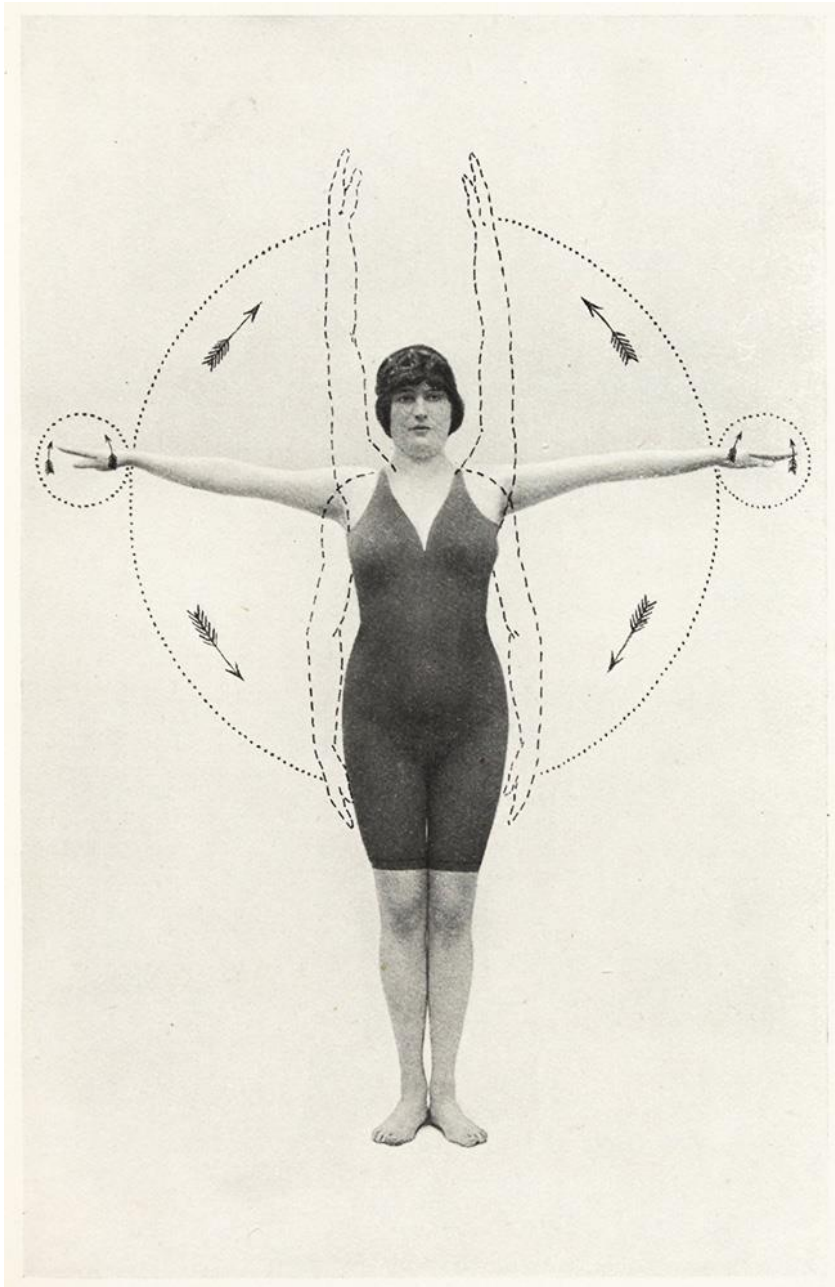


ADVICE FOR WOMEN



Item 8

BLACKWELL'S RARE BOOKS

48-51 Broad Street, Oxford, OX1 3BQ, UK
Tel.: +44 (0)1865 333555 Fax: +44 (0)1865 794143
Email: rarebooks@blackwell.co.uk Twitter: [@blackwellrare](https://twitter.com/blackwellrare)
blackwell.co.uk/rarebooks

1. (Juvenile.). INSTRUCTION D'UN PÈRE A SES FILLES, Ou, Ce qu'un Père croit devoir faire por bien élever ses filles, surtout pour les former à une solide piété. [Switzerland:], c. 1780, woodcut device on title, woodcut tailpiece at end, some soiling and staining, single worm hole in first gathering touching a few letters, pp. 47, 8vo, original floral wrappers, rubbed, soiled and frayed, lower out corner of lower cover torn off **£400**

Not the prettiest of things, but a seemingly unrecorded item. The author begins by saying that the lack of proper education is what gives rise to the 'grande corruption' which prevails both in civil society and in the Church, and he states that the education of girls is just as important as that of boys. The instructions are mainly religious: towards the end other suitable subjects are brought forward, including geography, history (including Classical history), music, housekeeping, good manners, restraint in speaking, &c. The author concludes with considerations on how instruction should be given, in which he shows a good understanding of the nature of childhood.



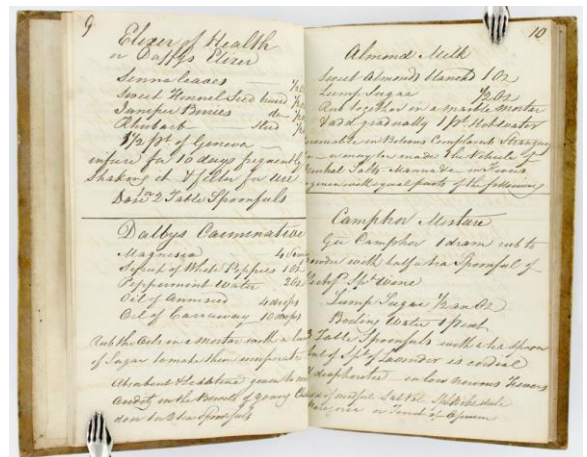
HOT BACON IN THE EAR FOR DEAFNESS

2. (Household Remedy Book) (Manuscript) Manuscript household remedy book, covers lettered: "Domestic Medicines / External Applications". [c.1800] A clean and legible early nineteenth-century manuscript remedy book; pp. 80, hand numbered, with 36 blank pages in the middle; contemporary full blind-ruled vellum, hand-written paper labels on the covers, vellum a little soiled, with some loss around the hinges on the upper board, joints starting with some cracking internally, but all holding firm. **£1,250**

A fascinating late eighteenth/early nineteenth-century book of home remedies. Included are draughts, powders, pills, emetics, gargles, extracts and decoctions, as well as embrocations ('volatile'), 'eye waters', liniments, and various disinfecting preparations. Amongst these are the enduringly popular 'Imperial water', made from cream of tartar, sugar, and rinds and juice of two lemons, as well as various named medicines, such as the famous 'Daffy's elixir', a tincture which became common in the eighteenth century and was later patented by several enterprising pharmacists on both sides of the Atlantic. The recipe for Daffy's here calls for magnesia, milk of white poppies, peppermint water, oil of aniseed, and oil of carraway (handily, the recipe for peppermint water is elsewhere supplied). Of particular interest are those curatives with the prefix 'American'; these include have American salve, American recipe for a Wen, and American plaster.

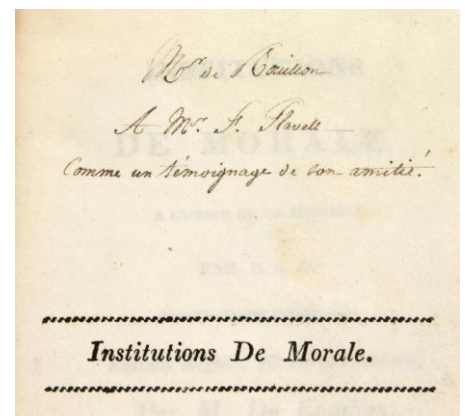
The other class of recipes here indicate how one might treat specific conditions, including bites and stings, paralysis, rheumatism, spasms, sprains, dropsy, boils, and chilblains. This is where the book most obviously marries modern and traditional medicine: the advice: 'for deafness', for example, tells the sufferer to insert a piece of hot bacon into the ear; the treatment for cancer involves applying a poultice made from boiled turkey legs and milk, and repeating if the symptoms persist within two or three months. Gynaecological medicine is also in evidence, with advice 'to prevent abortion', indicating an ointment made from egg yolk, brandy, and laudanum, which must be periodically applied. Ultimately, the recipe book oscillates between remedies both antiquated and strikingly modern: we note the recipe for 'almond milk'.

There may be some hint at the volume's provenance, geographically at least, in the recipe for 'Cough drops (Ackworth School)'; this long running educational establishment is near Pontefract, in West Yorkshire, and was founded in 1779 as a boarding school for Quaker children.



FRENCH FOR CHILDREN, PRINTED IN NORWICH

3. Rouillon, Emilie Institutions de Morale: A l'usage de la Jeunesse. Norwich: Booth and Wright, 1814, the odd spot but else a very clean copy, inscribed by the author to the half title; pp. [4], iv, 99, [3] 12mo; with a half title and terminal blank, errata glued to rear pastedown; contemporary marbled boards, black leather backstrip ruled gilt;



hinges and spine ends a little worn, as are the corners, but a good copy. **£500**

Very scarce little conduct manual, printed in Norwich, inscribed by the author.

This volume serves a dual purpose, teaching the French language and moral rectitude in one. The text takes the form of a dialogue, posing various philosophical and moral questions. Its author, Emilie de Rouillon, was the headmistress of a girl's boarding school in Norwich, hence the imprint, and has inscribed the present work to her friend, a Mrs. F. Flavell.

*Rouillon was also the author of *The Tourist's French Companion* (1844).*

Very scarce; WorldCat lists the book but records no copies.



4. Loudon (Mrs. [Jane]) *The Lady's Country Companion; or, how to enjoy a Country Life rationally.*

Longman, 1845, FIRST EDITION, steel engraved frontispiece (with loose tissue guard) and 18 wood-engravings (one full-page) depicting flower bed and garden designs, and various useful implements, e.g. fruit-crusher, mash-stirrer etc., initial leaves with a few spots, pp. xi, [i], 396, 32(catalogue), small 8vo, original sage green cloth by Remnant & Edmonds (with ticket), with decorative corner pieces and central ornament blocked in blind, spine gilt lettered, boards faintly marked, backstrip faded, bookplate of Peter Stewart Young Tillingham, good **£200**

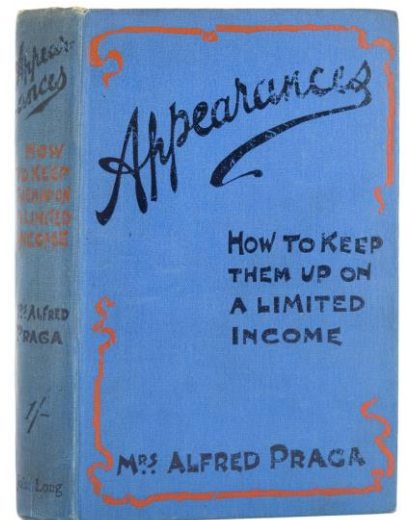
*A highly practical epistolary guide 'for the use of ladies who have been brought up in a town, but who from circumstances have been induced to reside in the country' (Preface), equipping the reader with all the necessary information to effectively run a country house, including the keeping of pets (squirrels are discouraged), brewing, cookery, planting an arboretum, designing a kitchen garden, 'quadrupeds kept for amusement', 'quadrupeds kept for supplying food', managing bees, archery and painting out-of-doors. In addition to her very successful gardening books, several of which she illustrated herself, Loudon also wrote the extraordinarily prophetic early science fiction novel, *The Mummy! A Tale of the Twenty-Second Century*, a favourable review of which, written by her future husband, appeared in *The Gardener's Magazine*.*

5. Praga ([Teresa], Mrs. Alfred) *Appearances.*

How to Keep them up on a Limited Income. John Long, 1899, FIRST EDITION, a couple of very faint spots to prelims, pp. [vi], 176, crown 8vo, original mid-blue cloth, the lettering and decoration to upper board and backstrip stamped in black and orange, publisher device in blind to lower board, backstrip darkened, slight rubbing to extremities, endpapers browned, the rear free endpaper slightly chipped at leading edge, good **£300**

Scarce.

The wife of artist Alfred Praga here offers a guide to living on £300 a year, including of course the recruitment and training of servants - her success in that matter testified to by having turned a 'rather stupid' parlourmaid into a 'deft waitress'. An Appendix at the rear lists 'cheap and good shopping neighbourhoods in the west and south-west districts' of London - these include Fulham Road, Brompton Road, and the King's Road, all of which would not offer much to a limited income in their modern incarnation.



6. [Fashion Catalogue] Au Bon Marché Catalogue de Bonneterie pour Dames, Hommes et Enfants. Jerseys et Nouveautés des Pyrénées. Paris: G. Maurin, c.1895, numerous highly detailed illustrations, pp. 40, 8vo, printed wrappers, rear panel with illustrated ranks of shirts and dickey collars, very good **£60**
Trading from its innovative Boileau-designed flagship store on the rue de Sèvres, Au Bon Marché, steered by the forwarding thinking Aristide and Marguerite Boucicaut, became a shopping megalith by 1880, with live entertainment for children, and a reading room for husbands to free their wives from browsing time restraints. Catalogues became a major sales' generator, with a rumoured six million issued to potential customers. This particular example includes tassled shawls, tartan capes, stockings, corsets and underwear, cycling apparel and 'jerseys fantaisie'.



7. [Fashion Catalogue] La Cour Batave La Mer. La Campagne. Paris: F. Joumar, 1913, numerous detailed illustrations, descriptions and prices printed in red and black, pp. 24, 8vo, original green wrappers, block printed in red and white with cockerel and sea gull motifs, wrapper edges slightly faded, very good **£60**

The name of the fashion house is a vestige of the original 18th-century court and passage which were demolished during the construction of the Boulevard de Sébastopol, the shop's location at this point. The fashions illustrated here highlight the freer style of the period, with a less extreme female form in looser, more practical designs. There are intricate depictions of lace, chintz, children's pinafores, stockings, house-coats and rather diffidently modelled underwear.

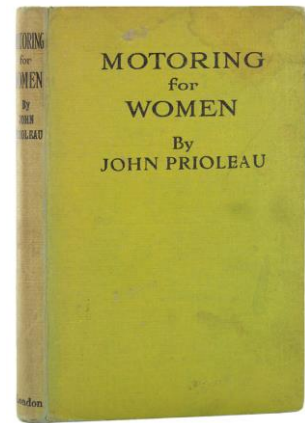
8. Parnet (Max) Woman: Her Health & Beauty. Daily Exercises. With 54 Photographs from Life; Diagrams... John Long, 1919, FIRST ENGLISH EDITION, poor quality paper a little toned, a few spots towards close, the odd light handling mark, the half-title with a gift inscription ('To Olga...'), pp. 145, [3, ads], foolscap 8vo, original red cloth, lettered in black to backstrip and upper board, a couple of small knocks to backstrip, a little faded and rubbed with a small waterstain to upper board, light spotting to top edge, good **£350**

A 'system of rational gymnastics' developed by the French 'Lauréat de l'Académie des Sports', redressing (he states in his Introduction) the preponderance of such things for men, when women have a perhaps greater need - partly on account of their 'structure and internal constitution more delicate', but also for their 'deplorable tendency to ignore physical exercises'. Parnet's book was originally published before the War, but the present edition, scarcer than its French counterpart, follows soon after the conflict, which possibly changed its emphasis, rather - and makes some of its pronouncements ('the primary rôle of a woman' being 'maternity', or the need to moderate obedience to the deleterious effects of the 'sacred fashion' for 'the high heel and the corset', for example) seem rather outdated, when the physical readiness of the female population had been put to rather different demands in the intervening period. As the author himself puts it on p. 19, 'It is a service to the country and to humanity to make women understand the importance of physical culture, of which health is the principal aim'.

The title-page refers to a folding chart that is not present here - it presumably provided in a different format the same illustrations as the plates, a woman in a leotard demonstrating the various poses with outlines for movement that occasionally give a 'Vitruvian Man' effect (see cover of this list).

9. Prioleau (John) *Motoring for Women*. Geoffrey Bles, [1925,] FIRST EDITION, pp. 120, [7, ads], 12mo, original green cloth, lettered in black to backstrip and upper board, the latter a little waterstained at head, edges and endpapers faintly toned, good **£400**

A progressive work, addressing the 'extraordinarily efficient panic' around women driving and the 'fulminations of anti-feminists' who insist that they might be somehow biologically indisposed to motoring. The author's answer is that 'sex has no bearing on the question'. Though the author has, he states, been teaching women to drive cars, and sharing vehicles with women for leisure, for a quarter of a century, one can infer the bearing of the War on the increase in female motorists, and Prioleau takes as read that the example of 'women in charge of every sort of machine' during the conflict 'has done wonderful service in making post-war women take their responsibilities in a properly serious and efficient spirit'. The book proceeds to chapters including buying a car, new and second-hand, upkeep ('Woman is far less afraid of dirt than man'), tools and gadgets, petrol consumption, engine-cooling, crowded roads, general safety, motoring holidays at home and abroad.



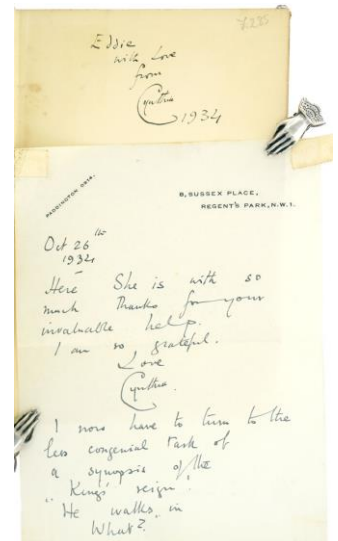
10. Shaw (George Bernard) *The Intelligent Woman's Guide to Socialism and Capitalism*. Constable, 1928, FIRST EDITION, head of prelims lightly spotted, pp. xxxvi, 495, 8vo, original olive green cloth, Celtic design in green and gilt to front and backstrip, backstrip lettered in gilt, touch rubbed to extremities, a couple of faint ringstains at foot of upper board and faint mark to lower board, t.e.g., tail edge roughtrimmed, a few spots to edges, green endpapers, front pastedown with small bookseller ticket, contemporary ownership inscription of Honor Drysdale to flyleaf, good **£35**

Honor Drysdale, the intelligent woman to whom this copy originally belonged, was the daughter of Shaw's Irish contemporary, the author T.W. Rolleston.

11. Asquith ([Lady] Cynthia, Editor) *She Walks in Beauty*. Descriptions of feminine beauty in English prose and poetry. William Heinemann, 1934, FIRST EDITION, a few corrections to the text (made by Sir Edward Marsh, see below), pp. xvi, 162, crown 8vo, original blue cloth, lettered in gilt to upper board and backstrip, the latter very slightly faded, publisher device blind-stamped to lower board, dustjacket a little chipped, browned and soiled, good **£285**

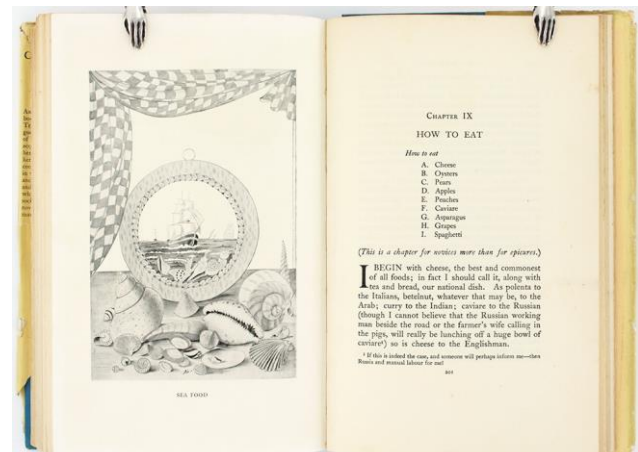
Inscribed by the Editor on the flyleaf: 'Eddie, with love from Cynthia, 1934'; the recipient was Sir Edward Marsh, translator and literary editor as well as patron of the arts and civil servant (most notably as Churchill's secretary).

A laid-in ALS from Asquith to the same, on her headed paper and dated Oct 26th 1934, presents the book 'with so much thanks for your invaluable help', whilst a note at the foot remarks her shift 'to the less congenial task of a synopsis of the King's reign! "He walks in What?"' Marsh's corrections restore a line missing from a passage of Pope's verse, but otherwise notes a few small typographical errors. The help he offered was probably as Rupert Brooke's literary executor. The anthology includes work by two of Asquith's most notable literary friends – J.M. Barrie, to whom she was secretary, and D.H. Lawrence, to whom Marsh introduced her.

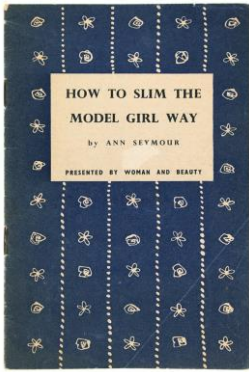


12. Tree (Viola) *Can I Help You?* Your Manners - Menus - Amusements - Friends - Charades - Make-Ups - Travel - Calling - Children - Love Affairs. Illustrated by Virginia Parsons. Leonard & Virginia Woolf at The Hogarth Press, 1937, FIRST EDITION, frontispiece and 5 plates, vignette to title-page, one or two faint spots to opening leaves, recurrent adjacent to plates pp. 256, crown 8vo, original blue cloth, backstrip lettered in gilt, touch of wear at bottom corners, edges and endpapers lightly spotted, dustjacket repeating title-page vignette, this tatty with areas of loss, good **£100**

A book on etiquette by the daughter of Herbert Beerbohm Tree - and herself a stage and film actor. The advice was based on her longstanding

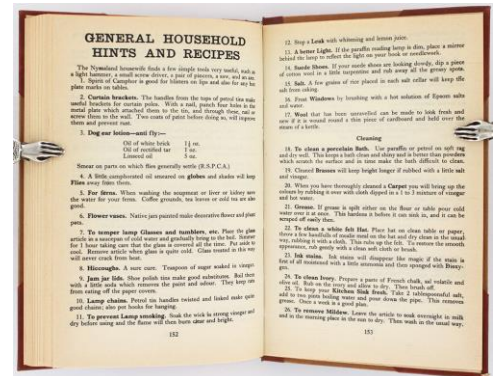


column in the *Sunday Dispatch*, with a liberal sprinkling of autobiography (the *Index* is, in large part, a register of her social milieu among London's cultural elite).
The illustrations are the charming work of her daughter.



13. Seymour (Ann, pseud. for Phyllis Digby Morton) [Cover title:] How to Slim the Model Girl Way. *Woman and Beauty*, n.d. [but late 1940s.] **FIRST EDITION**, illustrations, pp. 24 [inc. covers], 12mo, original stapled wrappers, staples a little rusted, covers slightly creased, rubbed and nicked, good **£35**
A guide to 'slimming for fun and a fine figure', with an emphasis on counting calories. Morton, daughter of author James Harwood Panting and god-daughter of H.G. Wells, was the first editor of Woman and Beauty in 1930 - a role she continued until 1950 (this, combined with its being printed at Sun Printers in Watford, established in 1945, provides the markers for its dating).

14. (Africa.) NYASALAND COUNCIL OF WOMEN. *Nyasaland Cookery Book and Household Guide.* Nyasaland Council of Women, 1947, **FIRST EDITION**, top corner of half-title clipped and small stamp of a Malawi bookshop at bottom corner, pp. [viii], 162, crown 8vo, original half tan leatherette with buff boards, small strip of surface abrasion to upper board, very good **£75**
An interesting collection of recipes contributed by the women of Nyasaland; it begins with 'Hints to New Settlers' on how to cope with conditions - how to treat water and dairy products, deal with insects, etc.

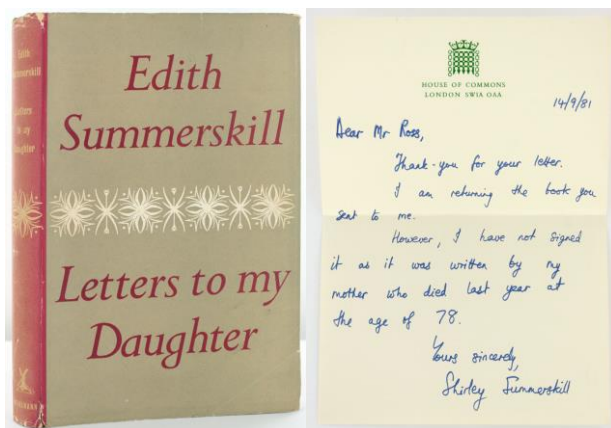


15. (Fashion. Photography.) TICO'S PRESS SHOW. (London's Fashion Fortnight). July 1948, 35 monochrome photographs, inserted into corner-mounts on art paper, of models wearing fur coats, typed slips laid down beneath, some with attribution of photograph (either to Keystone or P.A. Reuter), others recording catalogue appearances and giving details (including of sales and successes during the Fortnight itself), a few leaves with photos lacking, ff. 38, folio, self-wrappers stab-bound with cord, hand-lettered to front, the covers lightly soiled and a little creased at corners, good **£250**
A record of a bygone era, when ladies of all ages wore fur - there is little to indicate post-war austerity here. Noteworthy among the purchasers is the actor Margot Grahame (to whom the 'Maurice' coat of Black Persian Lamb, with 'nipped-in waist, and open sleeves with link buttons', and 'The Ballet', a shorter garment of white fox 'dyed powder blue'). The Black American Broadtail is described as 'surely [...] revolutionary' in being a 'pleated fur coat' (it was accordingly, along with a number of others, chosen by the Selection Committee).



16. (Miller Parker.) LEWIS (Eiluned) Honey Pots and Brandy Bottles. With wood engravings by Agnes Miller Parker. Country Life, 1954, FIRST EDITION, title-page wood-engraving against a yellow ground, 4 further full-page wood-engravings (one for each season), pp. 96, 8vo, original yellow boards, backstrip lettered in silver, flyleaf clipped at top corner, dustjacket repeating title-page design, price-clipped and a little chipped, good **£15**

'One countrywoman's year: a distillation from her experiences through the seasons', with a wood-engraving for each by Agnes Miller Parker.



WITH A LETTER FROM THE DAUGHTER

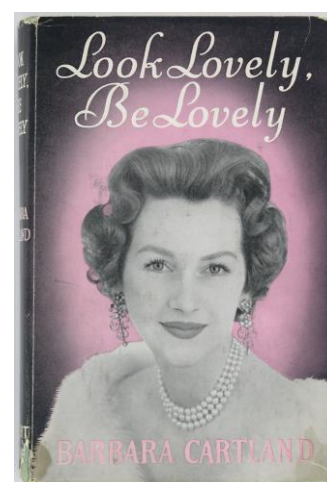
17. Summerskill (Edith) Letters to my Daughter. Heinemann, 1957, FIRST EDITION, pp. [vi], 205, crown 8vo, original green cloth, backstrip lettered in gilt and faded, edges spotted, a few spots to endpapers, dustjacket slightly frayed, very good **£200**

Laid in is a letter, dated 14/9/81 on House of Commons headed paper, from the recipient of the letters in this volume, Shirley Summerskill, returning this book unsigned 'as it was written by my mother who died last year at the age of 78'. The letters follow Shirley Summerskill's journey from school, at the tail-end of the Second World War, to Somerville College, Oxford, and then as a trainee doctor (in the footsteps of her mother, both were subsequently Members of Parliament); they are full of frank advice and discussion.

18. Cartland (Barbara) Look Lovely, Be Lovely. Herbert Jenkins, 1958, FIRST EDITION, pp. 224, crown 8vo, original blue boards, backstrip lettered in gilt, dustjacket with a photograph of the author's daughter (see below) by Lord Snowdon, price-clipped, and slightly chipped and rubbed at extremities, very good **£250**

After its manner, a thoroughgoing treatise, framed by an emphasis on internal loveliness ('Your Inner Radiance' is the first chapter, whilst the book concludes with 'How to Be Beautiful Through Faith') but with plenty of skin-deep consideration between, which provide a number of striking passages: in her consideration of hairstyles, for example, in 'The Crown of Glory', she forthrightly proclaims short hair to be an outgrowth of the 'desire for the nebulous benefits of sex equality', which as a gesture in the fight for Suffrage only made participants 'even more unfeminine than they intended to be - considering 'the bob, the shingle and the Eton crop [...] the very nadir of deliberate destruction to femininity', wrought both by wartime practicalities but also 'post-war neuroses'.

The author's ideal of beauty, as portrayed on the dustjacket, is naturally enough her own daughter, Raine - née McCorquodale, and at this point Viscountess Lewisham. She subsequently married Earl Spencer, father of Lady Diana Spencer, whose dislike of her stepmother precipitated the nickname 'Acid Raine'.



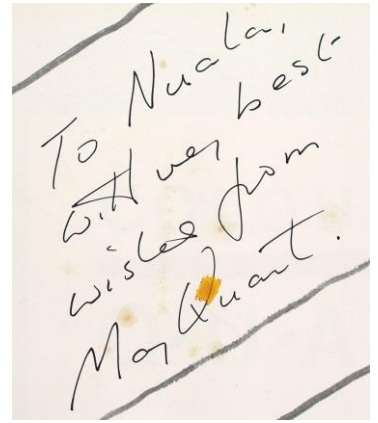
INSCRIBED TO NUALA FENNEL

19. Quant (Mary) & Felicity Green. Colour by Quant. Octopus Books, 1984, FIRST EDITION, colour-printed photographs and illustrations throughout, pp. 144, 4to, original grey boards, backstrip and upper board lettered in gilt, little rubbed at extremities, a few spots to edges and front endpapers, dustjacket, very good **£350**

Inscribed by the author on the flyleaf: 'To Nuala, with very best wishes from Mary Quant.'

The recipient was Irish politician Nuala Fennell.

A guide to using colour in fashion, with sections on face, hair and clothes - aiming to help the reader look 'your personal and highly individual best' (blurb).



20. Quant (Mary) Quant on Make-Up. Century Hutchinson, 1986, FIRST EDITION, colour-printed illustrations including many photographs, pp. 1-20 + section of 'looks'; 21-40 + section of 'looks', 4to, original illustrated boards, gate-fold opening to upper board with two facing textblocks, small shadow to inner corner of left-hand upper board, near fine **£350**

Inscribed by the author across the title-page: 'With very best wishes, Mary Quant.'

The 'highly original design of the book' is largely engineered in respect of the section of 'looks' that occupies the rear of each textblock, so that they can face one another.

